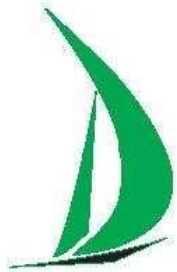


Senior Adventures In Learning Of
Melbourne, Inc.
2950 N. Harbor City Blvd.
Melbourne, FL 32935

NON PROFIT ORG
U.S. POSTAGE
PAID
ORLANDO, FL
PERMIT NO. 179



S.A.I.L.
Senior Adventures In Learning
of Melbourne, Inc.
*Seniors Charting a Successful Course
into the Future!*

Winter Term 2012

*Every Tuesday, January 10, 2012 through February 28, 2012
and/or Every Wednesday, January 11, 2012 through February 29, 2012
at Ascension Catholic Church, 2950 N. Harbor City Blvd., Melbourne*

Issue #51

Senior Adventures In Learning Winter Term 2012 Registration

Name _____
Last First

Address _____

City: _____ State: **FL** Zip: _____

Phone: () _____

- I am a previous S.A.I.L. Participant and I turned in my nametag.
- I am a previous S.A.I.L. Participant and I lost my nametag.
- I am a previous S.A.I.L. Participant...I have my nametag and will bring it.
- This is my first registration and I need a nametag.

My nametag should read (if not as above):

First: _____ Last: _____

- Please enroll me in the following classes. I have inserted the **course number** next to the appropriate day and hour of the class. (If you can't attend on the starting day, your payment now, holds your place in class for the entire term).
In the event of over-registration of any class, enrollment will be based on the date of postmark.

Tuesday's Classes: 9:00 a.m. _____ 10:00 a.m. _____ 11:00 a.m. _____ 12:45 p.m. _____

Wednesday's Classes: 9:00 a.m. _____ 10:00 a.m. _____ 11:00 a.m. _____ 12:45 p.m. _____

- Please add me to your e-mail list for the next brochure. – I will remember to put Sail's e-mail address into my address book so the e-mails sent by SAIL will not be treated as spam!!!!
- My e-mail address: _____

Enclosed is my check or money order for:

- \$_____ **\$25.00** Single day Registration Fee
- \$_____ **\$40.00** for two day Registration Fee
- \$_____ **\$ 5.00** Coffee Club. You may contribute daily if you prefer.
- \$_____ For Textbooks or Media Fee required for my course selections (See Brochure)
- \$_____ Additional \$5.00, \$10.00 or \$25.00 **TAX DEDUCTIBLE** donation to S.A.I.L. of Melbourne, Inc.
- \$_____ **Memorial Donation: In Memory of** _____
- \$_____ **TOTAL: Make check payable to S.A.I.L of Melbourne Inc.**

Emergency Contact: Name _____ Phone # _____

- I will volunteer to teach a class next term.
- I will volunteer to help with registration, set up and/or clean up.

Subject: _____

**Mail This Registration Form To:
 S.A.I.L. of Melbourne, 2950 N. Harbor City Blvd.
 Melbourne FL 32935**

We are grateful to our sponsors! Please check if you attend one of the following congregations...

- Ascension Catholic Church
- Lake Crest Community Baptist
- Palmdale Presbyterian Church
- Pineda Presbyterian Church
- St. John's Episcopal Church
- St. Paul's UMC
- St. Timothy Lutheran Church
- Temple Beth Sholom
- St. John The Evangelist Catholic
- Faith Viera Lutheran
- Suntree United Methodist Church
- Other: _____

For our records...Let us know if you worship with another congregation not on our list. (Affiliation not required)

Senior Adventures In Learning General Information~PLEASE READ

- ◆ The Winter Term will be held *every Tuesday beginning January 10 and every Wednesday beginning January 11 for eight consecutive weeks*. Classes will be held at **Ascension Catholic Church** located on US1 and Parkway at 2950 N Harbor City Blvd., Melbourne 32935. *Call Beverly Wheeler at 321-259-8886 for directions and information.*
- ◆ **IMPORTANT NOTE: Please mail registration form by January 1, 2012. If not, you may register in person the first day of classes.**
- ◆ *Join us for coffee and blood pressure checks at 8:30 a.m. on either day and make new friends.*
- ◆ Classes begin at 9:00, 10:00, and 11:00 a.m. and at 12:45 p.m.
- ◆ There is a **registration fee** that covers the entire 8-week program of **\$25.00, for one day**, or you may register for **both days for \$40.00**.
- ◆ **The registration fee is the same if you sign up for only one class per day or if you take a class each hour. It is to your advantage to sign up for the entire day.**
- ◆ Some classes require textbooks. You may order textbooks when you register (**NOTE: Book orders will be made two weeks prior to course start so register early or you will be responsible for the procurement of required texts on your own.**)
- ◆ **Registration for classes is based on a first come – first served basis. Please register early for the best selection. Early registration is also very helpful to the program director as she prepares for a successful term.**
- ◆ **To register by mail**, refer to this Schedule, make your course selection for each day and hour, complete the registration form, enclose your check payable to Senior Adventures In Learning of Melbourne and mail to the address specified at the bottom of the registration form.
- ◆ **New Classes:** Classes marked with an *are being offered for the first time.
- ◆ **Lunch:** We will have a “bring your own” brown bag lunch together at 12 noon. You may purchase fruit, yogurt or snacks. Lunch will be a time to relax and enjoy the company of others.
- ◆ **Coffee Club:** Coffee, hot and iced tea are provided for \$5.00 per term or you may choose to make a contribution daily.
- ◆ **Day Trips:** Senior Adventures In Learning will be sponsoring day trips through out the year. Call Beverly Wheeler, for more info! Latest trips will be announced during the winter term.

~ Senior Adventures In Learning E-Mail address: sailofmelbourne@gmail.com

~ Senior Adventures In Learning Web Site address: www.sailofmelbourne.org

~Senior Adventures In Learning Phone Number: 321-259-8886

A Special Thank You to all of you who have made donations to Senior Adventures In Learning (SAIL). We cannot operate on registration fees alone! All donations are tax deductible because we are a 501 (C)(3) non-profit charitable organization. A copy of the official registration and financial information may be obtained from the Division of Consumer Services by calling toll free within the state (1-800-435-7325).

Tuesday Classes

9:00 a.m.

***365TA Rise Up with a Listening Heart:** Join Tessa Scarboro as we find new hope in the routines of Daily Life. Reflecting and Meditating with the Monks of New Skete, a monastic community in New York, we will share 8 weeks of beautiful prose and photographs from the book *Rise Up*...which will be available from the instructor. *Simply put, Rise Up with a Listening Heart can't help but lift your spirits!*

213TA STRETCH AND FLEX with VALENTINA: Join Valentina Boonstra as she leads you in a variety of moves designed to increase **strength and flexibility**. You will use resistance bands and light dumbbells. Resistance bands will be provided or you may bring your own. *Don't forget to bring your weights, mat and water bottle.*

***635TA Politics are what's happening. Power struggles and the corruption of power. Guess What? It is not even the current elections. It is JULIUS CAESAR!!!!:** Join David Kries Tuesdays for Shakespeare made user friendly. We will read and discuss this play in detail. This is an opportunity to read Shakespeare in a friendly fun and unintimidating environment. You will enjoy the intrigue, murder and mayhem of this interesting tragedy. We will watch a film of the play over a dinner at the end of the class. Find a copy of the play at your local library or second hand book store. *Come to class ready to read as you will be encouraged to assume a role in the drama. You may get to say "Et tu? Brute."*

810TA Spoken Russian: Speak the exotic language of today's Russia and the old Soviet Union. Dr. Jim Phillips will focus on useful basic expressions and vocabulary for travelers and add cultural tips along the way. We soft-pedal the Cyrillic alphabet and make it fun. From the start, you'll be amazed at the Russian you already understand. Required text: *Barron's Traveler's Language Guide – Russian, price \$12.00* (See Registration Form).

***551TA THE U.S. GILDED AGE (1876-1900):** Get excited about the era in which modern America emerged. Dr Dan Scheuerer will discuss the politics, the development of America as an industrial power, the emergence of labor unions, the horrors and joys of city life and its culture and amusements, the influx of millions of new immigrants, and the settlement of the West. The era will end with the U.S. becoming an imperialistic world power with an empire. Dan is new to SAIL but not new to teaching. He taught history in the school system for many years before becoming a principle and then a district superintendent.

912TA Getting Started With Computers: Have a new computer? Maybe one that's been gathering dust because you're not comfortable using it? Let's have some fun learning the basics of the personal computer. Topics to include an overview of components and peripherals, as well as general computing techniques and concepts. Care and feeding of your PC. The basics of Microsoft Windows and the software (including Internet Explorer) that comes with it. Learn to configure your computer to fit your needs. Class taught by Dave Jacobs with assistants Joyce Arey and Dennis Decker. *Bring your own laptop if you have one. Call Beverly Wheeler at 259-8886 to reserve your spot. \$15.00 Media Fee is due with registration.*

401TA Scrap Booking Work Shop (9:00 till 12:00): Favorite pet? First date or prom? **How about those beautiful weddings and adorable grandchildren!** I bet you have a lot of these pictures that you would love to look at in organized beautiful albums. *Come ready to share ideas. and get ideas from others. You may stay the whole 3 hours or come and go as you like!* Creative Memories Consultant, Sue Wisnom, and Alice Kadlec will be available for advice and supplies if needed.

10:00 a.m.

449TB Knitting and Crocheting: Basics and Continuing: Linda Poppe will be available for help and instruction during this period as you work on knitting or crocheting projects or you want to learn the basics of knitting or crocheting.

205TB Basic Tai Chi for Seniors: Tai Chi is one of the most powerful, yet gentle ways to rejuvenate the body, **maintain and restore balance**. With regular practice you will experience the satisfying awareness of directing and enhancing your own energy. Velma and Jack Sterner are the callers for this class. This class is open to beginners and continuing students.

439TB SPORTS TALK: Do you enjoy following sports and backing-up your opinions with bold predictions? Then the Sports Talk gang is for you. Phil Jennings facilitates this group. Special guests and field trips to local sporting events are added enhancements to the weekly gatherings. Men, women, rookies, free-agents and grizzled veterans are all welcome.

137TB Pharmacology Basics for the Lay Person: I took a pill: Where did it go and what did it do? Paul Saia is going to continue to enlighten us about our medications. Paul served in the military as a pharmacy officer and he retired from Eli Lilly and Co. as a registered pharmacist.

524TB The History of the Supreme Court Continued: This is a great course that I think everyone should take it will help you understand why and how the Court has ruled and works. We will cover landmark cases 1. The Civil War Amendments 2. Separate But Equal 3. Free Speech Cases 4. Courts that favored business 5. Justices 6. The Twenties and the Court 7. The New Deal and Court Packing. We will be using Teaching Company material with some time for discussion at the end of Professor Peter Irons presentations. New signees welcomed. Bill Scott will be your guide in this class.

815TB FUN WITH LANGUAGES: A look at word origins and histories, learn the interesting and "punny" story of how languages are alike and how they differ. See the Big Picture of languages of the world and where Modern American English fits. Be proud of your language! No foreign language knowledge required. Let by Dr. Polyglot (aka Jim Phillips).

Tuesday Classes Continued

10:00 a.m.

626TB THE FALL OF ROME: How could the world's greatest empire fail? Join Dr. Ralph Schuiling as we explore the factors leading to the failure of an empire that stretched at one time from Scotland to the Persian Gulf. The structure of ancient Rome was a major influence on the formative concepts leading to the organization of the United States; yet the Roman empire was not able to withstand the internal and external threats that ultimately destroyed it.

11:00 a.m.

212TC FITNESS PLUS FOR YOUR "FITNESS GOALS" A mixture of rhythmic movement for cardio health; work with weights for muscle strength; stretching for flexibility; and cool down breathing for relaxation. *Jean Gillis, a certified AFAA instructor for 30 years, and recently certified Silver Sneakers Instructor, brings a lot of fun and energy to the class!* She will adapt the class to meet the needs of the participants. **(Bring hand held weights, towels, mats, water, and smiles.)**

805TC Easy-as-Pie Spanish: Fun with the language for those with no prior knowledge. Bernice Roth is back and will lead us through the basic greetings and salutations; polite forms of address; common expressions involving colors, numbers, days of the week, months of the year, directions, etc. She will help you begin your study of this most important language. ***Have fun while learning Spanish!*** The text **not** required is *Passport to Spanish: Revised and Expanded Edition* cost \$7.50 (see registration form).

***452TC Museum Masterpieces: The Louvre:** This series of lectures introduces the greatest of universal museums. Its aim is not comprehensive; rather, its focus is on one of the seven curatorial departments - the Department of Paintings, which is responsible for European Paintings from the Middle Ages to the mid-19th century. Professor Richard Brettell, who teaches this course, is a foremost authority on Impressionism and French painting of the period 1830 -1930. He is currently at the University of Texas at Dallas. This class is facilitated by Rosaline (Roz) Croll.

403TC Anything Goes: A discussion group lead by Bill Scott that talks about whatever the group are an individual brings up. This is the participants class so they decide the topics. Come join us for interesting, sometimes intense but always respecting the others opinions.

418TC Cruising Worldwide on Lakes, Rivers and Oceans: Everything you want to know about cruising locally, nationally and internationally! **Join Lee Rosenkranz as he explores the many avenues of cruising.**

***329TC SURVIVING A LIFE-CHANGING LOSS AS A PERSON OF FAITH:** This is a study, based on the book *Times of Tragedy and Moments of Grace*, designed for all those who have experienced, at any time in their lives, a life changing event such as the death of a loved one, a serious medical diagnosis, a disability, a divorce, an addicted family member, a job loss or other financial catastrophe, as well as for those who desire to know best how to express their love to others who are grieving in the midst of personal tragedies. The class explores the journey of grief through its natural stages in the context of spirituality and faith. It is about recognizing and using the spiritual resources necessary for emotional and spiritual recovery and God's mysterious power to transform events experienced as radical suffering, and to use them for good. The class will be taught by Rev. Dr. John F Baggett and Diane C Baggett RN, MSN, GC-C. Dr. Baggett is a retired pastor and former Director of Mental Health for the state of North Carolina. Mrs. Baggett has a private grief counseling practice in Suntree/Viera. Required text: *Times of Tragedy and Moments of Grace* by John F Baggett. Cost \$15. Purchase book the first day of class.

811TC Introduction to Meteorology: Dennis Decker will be covering the basics of meteorology and weather forecasting. Topics to be covered in this introduction class will be; composition of the atmosphere, pressure, global circulations, the earth's energy balance, ocean circulations, waves and tides, the jetstream, clouds, wind, air masses, the cyclone model, sea breezes and more. The class will end with a tour of the National Weather Office in Melbourne.

12:00 p.m.

LUNCH BREAK

12:45 p.m.

802TD SPOKEN FRENCH Part I: Learn to speak French, the language of France, Quebec, Martinique, etc. with a certified teacher. We will focus on understanding and being understood in basic conversation. Textbook is: Barron's French The Easy Way, fourth edition. This **book can be found used on Amazon**. Class is taught by Jeanne Nicolucci.

605TD Writing Your Life: If you had a memoir or autobiography written by your grandparents or one of your ancestors, wouldn't it be one of your most valued possessions? Ten people from this class have self-published their stories, and this we make this task both possible and fun. Come and see. Class will be led by Lois Stanton. Her memoir, *Searching for Camelot*, is now available, but not required, for \$20, with portion of proceeds going to SAIL. Required text for first-time students is *Writing Your Life* -\$20.00

631TD FICTION WRITING: **Have fun learning to write fiction!** Create characters from real life and watch them evolve into short stories, memoirs, and novels. We will touch on all the different genres through character studies, construction, and plot. **Required:** Spiral Books (Wide Ruled) and Pens. Instructor: Greta McLaughlin, who has a Bachelor's in English and Master's Degree in Writing. She has taught writing at B.C.C. and Florida Tech, as well as other colleges in N.Y.

Tuesday Classes Continued

12:45 p.m.

437TD Learn to Play Mah Jongg (Part 1): This will be a two-part class. During the first session, you will learn how to read the tiles and the National Mah Jongg League playing card. A fun game, based on rummy, it was brought to the U.S. in the 1920's from China. The class is taught by Rosaline (Roz) Croll who has 25 years experience playing the game. The class is limited to (8) and there is an \$8 fee for the playing card.

***453TD JUSTICE-What is the right thing to do?:** Consider most of the public arguments that we have today, be they arguments over healthcare, over bonuses and bailouts, over the gap between the rich and the poor, over affirmative action and same sex marriage. Lying just beneath the surface of these arguments are big questions of moral philosophy and justice. However, we rarely consider these underlying moral questions. Michael Sandel, Professor of Philosophy at Harvard University, has taught the course, Justice for 20 years. 14,000 students have taken this course which is now available as part of Harvard's Open Classroom Series. Portions of Professor Sandel's lectures will be presented during this semester. Dr. Joel Sturman will facilitate the discussion.

Wednesday Classes

9:00 a.m.

201TA Yoga: Yoga is an ancient system for calming the mind, stretching and strengthening the body and connecting to one's inner being. In each class, there is focus on breathing, learning and practicing the poses, and a short meditation at the end. **Nancy Alderman, who works with yoga students of all levels, will be leading this class.** Please bring a yoga mat and big towel.

812WA Beginning German: Learn to express yourself in German. Prepare for travel to the new united Germany or the next Oktoberfest celebration in your neighborhood. You'll be surprised at the many words you already recognize in this indispensable language of science and technology. No text required. Handouts will be provided. Instructor: Dr. Jim Phillips has a BA in Modern Languages (German and Russian) from the University of Oregon and has traveled in Germany--including Berlin.

807WA Conversational Spanish: Carmen Palacios will be filling in for Myriam Brix and presenting conversation at the intermediate and advanced level, centered upon everyday situations: shopping, visiting the doctor, travel, hotels and restaurants, etc. A great chance to sharpen your ear and polish your accent!

***360WA Spirituality of the Gospels-(Class begins January18):** The four Gospels of the New Testament provide a rich, multi-dimensional portrait of Jesus Christ. Each also maps out a unique spiritual path into life with him. In *Spirituality of the Gospels*, the modern quest for spiritual fulfillment is met with profound insights from the Gospels and the enduring examples of saints both ancient and contemporary. This 7 session course will use a Commentary, a study guide, directed discussions, and a video presentation. Cost of books is \$14 to be paid at class and not part of registration. **IMPORTANT:** Sessions start on Jan. 18th and each session goes from 9-10:50AM in room 305. Course led by Deacon Michael McElwee from Ascension Catholic Church.

***522WA Churchill:** (This class was scheduled to start last semester but was postponed until now)...Winston Churchill was the greatest leader of the 20th Century. He was proof that a single individual can change the course of history. His courage, character, and genius rallied the British people to their "finest hour." His was a multi-faceted genius- a successful politician and statesman of vision and principle, a military innovator who outpaced his contemporaries in his grasp of the impact of technology on warfare, one of the most successful authors of his day, and a painter whose artistic work brought him considerable income and still hangs today in major museums. Learn about the life and times of this "troublesome boy" who became one of the great leaders of modern history. Class is led by Craig Curran.

409WA Finances and Investments in Today's Market: Mike Reisert will provide an overall look at the markets today. Mike worked in investment banking and portfolio management for many years. He will give ideas on how to invest in stocks, bonds, commodities, and ETF's. He will also discuss insurance and annuities. **Discussion will be encouraged and Mike will try to answer all your questions so don't be afraid to ask!**

10:00 a.m.

213WB STRENGTH AND FLEXABILITY with PEGGY: Join Peggy Graefe as she leads you in a variety of moves designed to increase **strength and flexibility**. You will use resistance bands and light dumbbells. Resistance bands will be provided or you may bring your own. **Don't forget to bring your weights, mat and water bottle.**

413WB ASSERTIVENESS TRAINING: Led by Carol Roberts - Do you say "Yes" when you really want to say "No"? Can you say "NO" without feeling guilty? This course will teach appropriate methods of asserting oneself without bullying others or allowing them to bully you. We will focus on effective communication skills in various situations, and values clarification exercises will be an important part of the curriculum. *Carol Roberts is a licensed mental health counselor and taught this class at BCC for many years.*

***364WB The Apostles Creed:** Join John Nelson as we examine the early history of the creed: who wrote it, why it was written and what it meant to early Christians. We'll also take an in-depth look (line by line) at the meaning of the creed to modern Christians.

Wednesday Classes Continued

10:00 a.m.

513WB CIVIL WAR: Craig Curran and Bill Scott will lead the class as we cover the War from January 1862 to July 1863. Some of the major battles will be covered in detail along with a few smaller lesser known battles. Also topics such as : 1.How did the two sides finance the war? 2. What are some of the significant actions that the two presidents took? 3. The home front. New folks always welcome!

449WB Knitting and Crocheting: Basics and Continuing: Linda Poppe will be available for help and instruction during this period as you work on knitting or crocheting projects or you want to learn the basics of knitting or crocheting.

417WB BEGINNING AND INTERMEDIATE BRIDGE (2 hours): This class will be divided into two sections. Those who are just beginning to learn the game along with those who feel that they need a refresher in the basics will be working with Phil Jennings during the first hour of each class. The second section will be made up of those players who just need to have the opportunity to play the game. Arthur Pappas will be guiding this group and, as circumstances warrant, will introduce some of the more advanced conventions such as Staymen, transfers, weak two's and steps. Players from the beginners group will be welcome to stay and play on their own during the second hour.

809WB Intermediate Spanish: Join Carmen Palacios, a long time Spanish teacher in the school system, in this course that follows Beginning Spanish and learn more about the magical world of the Spanish Language. The book being used is *Madrigal's Magic Key to Spanish* by Margarita Madrigal. This is an excellent book and well worth purchasing at your local bookstore!

603WB Book Discussion: Come and be a part of Marilou Grimm's book discussion group. *Marilou has been sharing her love of books with others for 11 years.* She has reviewed over 190 books during that time. This quarter will begin with *The Litigators* by John Grisham. *Come and join her if you have a passion for books!*

11:00 a.m.

***214WC MASSAGE: Bring your aches and pains to this class!** Learn basic massage techniques to relieve common aches and pains. Suggested reading: *Pain Eraser* by Bonnie Prudden. Bring blanket, pillow and lotion. Led by Valentina Boonstra.

809WC Beginning Spanish Part II: Join Carmen Palacios, a long time Spanish teacher in the school system, in this introductory course to the magical world of the Spanish Language. This is the second part of Beginning Spanish. Elementary vocabulary and grammar will help you begin your study of this most important language. The textbook is *See it and Say it in Spanish* and we will begin half way through the book. The price is \$7.50 (See registration form).

523WC GREAT AMERICANS - Meet the Americans that invented many of the items that today we accept as common-place, and made the United States the envy of the world. How about GOOGLE, MICROSOFT, I B M, SHIPPING, ELEVATORS, ETC. J J Ambridge will introduce you to these amazing men and women.

435WC Current Events: This class will be a discussion group of current events with a media twist! It is lead by Dick Jaeger who has had a 42 year career in journalism. The discussion will include some insight of how the media might look at the subject based on Dick's background as a reporter/editor. Come and join the group to learn and discuss current events in a fun and friendly atmosphere.

550WC TOCQUEVILLE AND THE AMERICAN EXPERIENCE Continued: We use Teaching Company material to learn about one of the most interesting man and his observation about America in the 1830's. Alexis de Tocqueville visited the United States in 1831 and after his visit he went back and wrote a book titled Democracy in America that again it would pay for every American to study, interestingly you will find Tocqueville quoted by conservatives and liberals it's an interesting study of democracy. You will find that Professor Cook will hold your interest with his enthusiasm and presentation. Newcomers welcomed. Your guide Bill Scott will lead discussion at the end of each lecture.

423WC Intermediate Water Colors :This class is for people who have had some experience painting with watercolor. We will explore various techniques while we push ourselves to the next level! We will work from life as well as from photographs, all the while having fun splashing around! Led by Susan Blakeslee. Materials needed: (can be purchased at Art Supply of Melbourne, 1420 Highland Ave, Melbourne. 255.3331-Tell them you are with SAIL for a discount) Paper - Good quality watercolor paper: either a sheet of 140 lb Arches, which can be cut into desired sizes; or an Arches watercolor block Brushes - At least the following: #4 Round , ½ Flat, You can also use some that are smaller and some that are larger. Paints - At least the following: Cobalt Blue, Aureolin Yellow, Sap Green, Alizarin Crimson, Burnt Sienna and Yellow Ochre – Optional: Prussian Blue, Cerulean Blue, Viridian Green and Dioxazine (Winsor) Violet Also Needed: #2 Pencil, Kneaded eraser, Masking tape If not using a watercolor block, a board for taping on the paper, 2 water containers (old margarine containers will do), Paper Towels, Rag or Towel and Palette (it can be a white china plate). These are suggested supplies...nothing is required!

***636WC The History of Broadway Musicals:** Join Helen Bennett as we sail through the glorious history of Broadway musicals from the 19th century to the present. This is a two-part course taught by Professor Bill Messenger of the Peabody Institute for The Teaching Company. Included are many clips from older shows, with performances by greats of the past as well as live music presentations. Visit the minstrel shows, vaudeville, and Tin Pan Alley, with the great composers arriving in Term 2. Be prepared to stay 15 minutes later, as the lectures are 45 minutes long.

Wednesday Classes Continued

11:00 a.m.

***366WC Women in Relationship:** Are you a woman who enjoys talking about relationships-why people believe and behave the way they do? If so join Donna Caswell MSW to talk about your friends and your relatives, your outlaws and your in-laws. Group topics may include communication, conflict resolution, forgiveness and grief work as attendees choose.

12:00 p.m.

LUNCH BREAK

12:45 p.m.

202WD Line Dancing: Jan Johns leads us for this **full hour of good fun and exercise through one of the most popular forms of dancing today**. You don't need a partner but you do need to put on a smile, relax and enjoy the benefits of line dancing.

605WD Writing Your Life: If you had a memoir or autobiography written by your grandparents or one of your ancestors, wouldn't it be one of your most valued possessions? Ten people from this class have self-published their stories, and this we make this task both possible and fun. Come and see. Class will be led by Lois Stanton. Her memoir, *Searching for Camelot*, is now available, but not required, for \$20, with portion of proceeds going to SAIL. Required text for first-time students is *Writing Your Life*, (\$20, see registration form.)

353WD FAMOUS CATHEDRALS: J J Ambridge takes you on a tour of the great romanesque and gothic cathedrals. Notre Dame in Paris, Chartres, Amiens and others. See up close the detailed exteriors, exquisite stained glass windows and precious relics.

***454WD Experiencing Hubble: Understanding the Greatest Images of the Universe!** This introductory course by Prof David Meyer, Northwestern University, will discuss the scientific stories behind ten of Hubble Space Telescope's most spectacular images chosen for their visual beauty and scientific impact. Facilitator for this Teaching Company course will be John Riley.

715WD HUMOR 101: *Find your voice as a humorist - its good therapy and cheaper than a shrink*. Join Dr. Jim Phillips, who performs with a local storytelling guild, appears on stage in the guise of many entertaining characters and is a long-time student of humor and folklore. He will examine examples of types of humor, sources and delivery. You will fall out of your chair laughing!